

[And we will walk 500 miles...](#)

Breadcrumb

- 1. [Home](#) /
- 2. [Print](#) /
- 3. [Pdf](#) /
- 4. [Node](#) /
- 5. [Entity Print](#)

Insight navigation

- [Latest insights](#)
- [Latest news](#)
- [Articles](#)
- [Case studies](#)

[Download PDF](#)

Mar 2022

And we will walk 500 miles...

Actually, 5,435. That's 22. Each. Every week. Throughout March.

Categories

Mar 2022

- 
- 
- 
-



April update: We did it! A total of 11,157 kilometres were covered (43 using crutches due to injury) by our amazing team throughout March, and we're proud to say that £500 has been donated to two very special charities.

A fab 50 wonders of Waterstons have committed to lace up their trainers, stretch out those hamstrings and dust off their bikes to March into March!

The challenge has been taken up by members across all four offices and every department in order to raise money for [GAIN](#) and [Refuge](#); two hugely important charities, and chosen due to their links with members of our team.

GAIN offers vital support to those living with Guillain-Barré syndrome, CIDP and other associated inflammatory neuropathies, as well as their families, friends and loved ones.

The charity provides one to one peer support, meetings and a wealth of support through online resources such as the online community, newsletters and information hub.

Refuge is a charity that is committed to a world where domestic violence, and violence against women and girls is not tolerated – with the ultimate goal of creating a world where women and children can live in safety.

Aiming to empower women and children to rebuild their lives following abuse, the charity provides lifesaving and life-changing services, as well as a voice for the voiceless.

The target has been set at 35km (22 miles) per person, per week to run, cycle, skip, hula hoop, rollerblade – however we like, as long as at the end of the week we've collectively reached our target!

So how far is that exactly? Well...

- 12.5 journeys between the London, Durham and Glasgow offices
- Half a journey to our Sydney office from Durham
- 94 walks around a football pitch
- Almost 28 coast-to-coast treks
- 603 walks around IKEA (apparently you walk around 9 miles on each trip!)
- 90 (and a half) walks around the stunning Loch Lomond

We'll keep you updated with our progress throughout the month and how close we are to our target!

If you had 5,435 miles to walk, where would you go?

<https://waterstons.com/print/pdf/node/7394>